

Greeting From The President

by Bob Remme

I wanted to take a moment and introduce myself as the new president of the Herrington/McBride Alumni Association (HMAA). I am very pleased and honored to serve the board and the alumni in this capacity. We have a very strong and dedicated alumni board that is committed to providing support to all of the recovering alumni of HMAA as well as those recovering individuals that are looking for a strong recovery home.

The events we sponsor each year, beginning with the upcoming retreat, the reunion, the walk/run and the ongoing pizza gatherings for the residents at Herrington House are a testament to the board's dedication to all.

Many organizations have alumni organizations, but none that I have seen are as dedicated and provide as many opportunities for alumni to gather as a group.

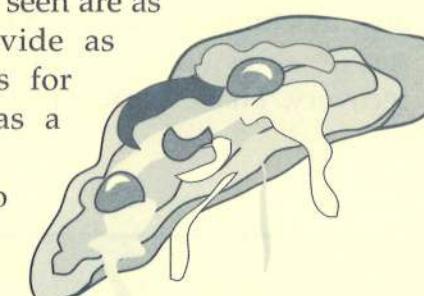
I look forward to the continuation of these events and other suggestions that you, our alumni, may have. Please feel free to e-mail me your thoughts and ideas for the alumni association. New ideas, new events and new thoughts are always welcome. You can contact me at remme1@us.ibm.com. I look forward to hearing from you.

Thank you for your continued support of HMAA.

The Moving Finger is published by and for the Herrington McBride Alumni Association.
Please send story ideas and feedback to:
HMAA Box 13581, Wauwatosa, WI 53213
Newsletter Editor: Natalie Zimmerman

Greetings From Alum of 1985

HMAA recently received a long letter from Dan Murphy a McBride alum of 1985 who now lives in Pennsylvania. Dan writes, "Let me begin by saying how much I appreciate The Moving Finger newsletter. I enjoy being able to maintain some connection to the roots of my recovery." Dan plans to attend the 20th anniversary of HMAA which will be celebrated on June 25, 2005. He has agreed to be a speaker during the program at the reunion/picnic. He would love to see all of his old friends there that day!!!!



20th Anniversary Of HMAA

Plans are underway for a big celebration of the 20 year anniversary of HMAA at the annual reunion/picnic slated for June 25, 2005.

The event will be one with family as well as alums in mind so activities will be planned accordingly. Details will be published in the early spring issue of The Moving Finger.

Upcoming Retreat

The back page of the newsletter contains registration form and some information regarding the annual winter retreat which will be held January 7-9, 2005.

While the cost has risen, the content will be priceless as usual. HMAA is providing the evening meal on Friday.

Current residents of Herrington House will be guests on Saturday morning. People new to recovery are always a joy to have in our presence as we come to once again appreciate and be grateful for our recovery.

Upcoming/Ongoing Activities & Events

WINTER RETREAT

January 7-9, 2005

Redemptorist Retreat Center

(See back page for details/registration)

20TH ANNIVERSARY REUNION/PICNIC

June 25, 2005

Rogers Memorial Hospital
Oconomowoc, Wis.

WALK/RUN FOR RECOVERY

Fall of 2005

(Date to be determined)

RAP WITH HERRINGTON RECOVERY CENTER RESIDENTS

Tuesdays @ 6PM

(Must be pre-arranged with rap coordinator)

Call 1-800-767-4411 ext. 516 if interested

AA MEETINGS

Rogers Memorial Hospital
Oconomowoc campus

Monday—7:30PM

Wednesday—8:00PM

Saturday—7:04AM

Rogers Memorial Hospital

West Allis campus

Sunday—6PM

Tuesday—7:30PM

For This I Am Grateful

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rebelled against for so long is what works for me today.

Service is a great way to stay connected to the recovering community and it not only helps in my recovery but it shows newcomers that recovery can be rewarding and fun all at the same time. I am so grateful for the staff at Herrington and the many real friends that I now have in recovery. I am not the same man that sheepishly stepped through those doors not so very long ago. I am a grateful man who views each new day as a gift.

Herrington McBride

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